THE HIDING PLACE – PART II "Overcoming Fear" Psalm 27

One of the issues that is so prevalent in our culture is anxiety. There are many things to be fearful and anxious about. It is estimated that 40 million adults have an anxiety disorder. Psalm 27 reveals that David had moments in his life when he was fearful and anxious. What are some things that cause you anxiety? This Psalm offers us insights into how our faith in God can serve as a coping mechanisms for anxiety.

#1. WE OVERCOME FEAR & ANXIETY BY _____ ON GOD

- MORE THAN OUR , v. 1
- A. The Lord is my light
- B. The Lord is my salvation
- C. The Lord is the stronghold of my life
- D. There is nobody to fear, Rom 8:31

We should start every day with deep faith in God's abilities!

#2. WE OVERCOME FEAR & ANXIETY BY BELIEVING GOD WILL

GIVE US A _____ RESULT IN OUR TRIALS, vv. 2-3

- A. When David is attacked his enemies will fall
- B. When David is besieged he has no fear
- C. When David is at war he is confident in God

We should believe God is greater than our worst trials!

ANSWERS: Focusing, Issues, Positive, Protective, Rejection, Design, Isolate, Unhealthy, Perfectionistic, Give Up, Trauma, Hiding Place.

#3. WE OVERCOME FEAR & ANXIETY BY COMING INTO THE PRESENCE OF GOD, vv. 4-6

- A. David saw worship in God's house as divine protection
- B. David was escorted by God into the hiding place
- C. David foresaw his victory celebration

#4. OUR FAITH MAY GIVE WAY TO FEAR WHEN WE ARE FACED WITH , vv. 7-12

- A. The worst thing that can happen to is rejection by God
- B. The rejection of parents is worst on a human level
- C. The hiding place is where God gives us an injection of love, Psalm 103:8-11
- D. The Lord Jesus experienced rejection for our acceptance, Mat 27:46

APPLICATION POINTS

- A. Rejection goes against God's _____ for us
- B. Rejection can cause people to ______ from others
- C. Rejection can cause people to do _____ things for attention
- D. Rejection can cause ______ behavior
- E. Rejection can cause people to ______
- F. Rejection can cause emotional

#5. OUR FAITH RECOVERS WITH A JOURNEY INTO THE

_____, vv. 13-14

- A. Focusing on God's faithfulness & love promotes our faith
- B. Focusing on God's goodness promotes faith
- C. Focusing on God's intervention requires patience
- D. Find strength in God Be strong, take heart, Joshua 1:6-7

End every day with a statement of confidence in God!

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DISCUSSION QUESTIONS

- 1. What are some of the effects of fear and anxiety on your mental health?
- 2. In what way(s) is some anxiety good and necessary?
- 3. In what ways is fear and anxiety the opposite of faith?
- 4. The things David says about God in v. 1 are deeply personal. Why is it important to keep our view of God extremely personal?
- 5. In what ways does believing God for a positive result during a trial impact our mental health?
- 6. Describe how David saw worshiping God in his house as a means of protection.
- 7. Discuss and draw conclusions about each of the application points about rejection.
- 8. Why is it good to end every day with a positive confession of faith in God?
- 9. What is your takeaway from this teaching?

Welcome

to

Hillcrest Church

Love, Acceptance & Forgiveness

For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his sacred tent Psalm 27:8

> November 12, 2023 Pastor Bruce Guckelberg, PhD

ANNOUNCEMENTS

TODAY

Pastor Bruce will be teaching on how we can overcome fear through our relationship with God from Psalm 27.

NEXT SUNDAY NOVEMBER 19 – THANKSGIVING POTLUCK

After the service we will have our Thanksgiving potluck to celebrate God's blessings and enjoy the fellowship of God's people. Bring a dish to share, something to drink, a desert, etc.

CHILDREN'S PLAY – DECEMBER 3RD

The children's ministry will be doing a Christmas drama during the service.

OPEN HOUSE AT BRUCE & CAROL'S – SATURDAY, DEC 18

Everyone is invited for snacks and refreshments from 4-7pm.

CHRISTMAS EVE IS SUNDAY

There will not be a morning service December 24th. The candlelight service will be at 7pm.

ONLINE GATHERINGS

The Prayer Meeting: Tuesday at 7pm with Pastor Tim Brooks The Bible study: Wednesday at 6:30 – 7:45pm with Pastor Bruce. Go to the online meeting room on our website (hillcrestRoseville.com) to access either gathering. If you have a need for prayer don't hesitate to call Pastor Tim Brooks at (916) 872-5207 or email: <u>timnealbr@gmail.com</u>

THE WEDNESDAY BIBLE STUDY

The last Wednesday Bible study in 2023 will be November 15. We will resume the Bible study in 2024.

THANK YOU FOR YOUR FINANCIAL SUPPORT

Our offering box is in the back of the sanctuary. You can place your tithes and offerings there, or you can visit our website and give online (hillcrestroseville.com). Consider giving to the building fund so we can continue to upgrade our facility. In order to replace the roof and do our electrical upgrades we had to borrow some money. Our debt is \$19,896, which we would like to eliminate ASAP. Would you prayerfully consider giving a little extra to pay off the loan so we can be debt free and avoid paying interest.

MEMBERSHIP CLASS

If you are interested in becoming a member of Hillcrest Church please indicate your interest by signing up in the back of the sanctuary and we will set a date for the class.