"The Therapeutic Value of Being Thankful" Colossians 3:15-17

We are celebrating our Thanksgiving holiday in a few days from today. There is therapeutic value in being filled with gratitude for the things we have. The Bible is replete with instruction on being grateful, giving thanks to God, being appreciative, being mindful of God's blessings in our lives, pondering all God's mighty deeds he has done for us, and more. The result of being filled with a thankful heart for God's blessings is that the quality of your life is greatly improved. In today's passage the apostle Paul informs us how we can reap the benefits of having a thankful heart.

#1. HAVING THE LORD'S _____ IN OUR HEART IS FACILITATED BY BEING THANKFUL, v. 15

A. Peace is subjective – our inner disposition

- B. Peace is objective affecting our relationships
- C. Peace should rule (Gr. Brabeuo)
- D. Peace is essential in maintaining unity in the church
- E. Peace is enhanced by being thankful

#2. HAVING THE LORD'S _____ IN OUR HEART IS FACILITATED BY BEING THANKFUL, v. 16

- A. The Word of Christ must dwell in our hearts
- B. The word of Christ results in teaching with wisdom
- C. The word of Christ results in admonishing with wisdom
- D. The word of Christ results in praise:
 - 1. Singing Psalms
 - 2. Singing hymns
 - 3. Singing spiritual songs
- E. The word of Christ must be combined with a grateful (*Gr. Charis*) heart

#3. HAVING A THANKFUL HEART IS REQUIRED IN _____ WE DO, v. 17

- A. Whatever we do in word do in the name of Jesus
- B. Whatever we do in deed do in the name of Jesus
- C. Whatever we do give thanks to God through Jesus

DISCUSSION QUESTIONS

- #1. What is significant about the word "let" the peace of Christ rule in your heart. Also, "let" the word of Christ richly dwell in you.
- #2. Discuss the difference between the subjective and objective aspects of peace.
- #3. What does Paul mean by the word "rule" in your hearts (v. 15)
- #4. How does thankfulness enhance peace in one's heart and in one's church?
- #5. What is significant about the word of Christ "dwelling richly" in us?
- #6. Discuss the results of Christ's word dwelling richly in a local church?
- #7. How does gratitude facilitate the effect of Christ's word dwelling richly in us?
- #8. What does it mean to do everything (word & deed) in the name of the Lord Jesus?

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#9. Why should we give thanks to God in everything we do through Christ?

#10 What is your takeaway from this teaching?

ANNOUNCEMENTS

HELP DECORATE FOR CHRISTMAS AFTER THE SERVICE

Snacks and refreshments will be served.

JOIN US ONLINE FOR

Tuesday Bible study at 6:30, Wednesday Prayer at 6:30 Click the "online meeting room" on the website: Hillcrestroseville.com

YOGA FOR OUR COMMUNITY

Every Saturday at 10:00, arrive early so we can start on time.

HELP WITH MEDIA

If you would like to help with the sound system and/or media please let Aaron, Johanna, or DJ know so you can be trained.

THANK YOU FOR YOUR FINANCIAL SUPPORT

Our offering box is in the back of the sanctuary. You can place your tithes and offerings there, or you can visit our website and give online (hillcrestroseville.com).

WORSHIP PRACTICE IS AT 7PM EVERY FRIDAY

CHRISTMAS LUNCHEON DECEMBER 19TH AFTER THE SERVICE

CHRISTMAS EVE SERVICE IS AT 7PM (NO ZOOM)

SAMARITAN'S PURSE – The SHOE BOX MINISTRY

https://www.samaritanspurse.org/operation-christmaschild/drop-off-locations/ To find dropoff locations click the link.

Welcome _{To} Hillcrest Church

Happy Thanksgiving!

GIVING GOD OUR BEST – 2021!

Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever.

Psalm 106:1

November 21, 2021
Pastor Bruce Guckelberg, PhD

OPERATION ANGEL TREE

There is an opportunity to bless some of the children of Cirby School. Operation Angel Tree is a ministry to prison families, where we can give presents to children that have an incarcerated parent. This is an opportunity to have a presence in the lives of children and their family, that would not have much of a Christmas. If interested go to the "Tree Table" and grab a card with the children's information and you can get them Christmas presents. This will be a huge blessing to the children and their family.

After you wrap the gift(s) you can bring them to church and we can arrange a day to drop off the gifts to the families. There are cards for 10 children so hurry and grab one. This is a great opportunity for Hillcrest to make a difference in the lives of those who are facing unfortunate circumstances.